

Section C: Useful links and resources

This section contains further links to help enhance your Tour de France programme, together with other organisations that may provide more exciting resources. There is also a regional section, Wheels within Wheels Regional Activities, that provides information on a raft of local cycling activities in your area, together with British Cycling events.

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Useful links and resources

Many partners are working together to ensure that the Yorkshire Grand Départ will be a memorable one. The countdown has already started! The following links will help you get ahead of la tete de la course with information, ideas and resources

- ‘Welcome to Yorkshire’s dedicated website, which is the official site for the Tour de France Grand Départ Yorkshire 2014 <http://letour.yorkshire.com>
- Sustrans www.sustrans.org.uk/education
- Look out for Sustrans events:
 - The Big Pedal, 3-14 March 2014 – a cycle and scoot competition for all schools in the UK www.bigpedal.org.uk
 - Bike to School week 2014 – details will be available on www.sustrans.org.uk/biketoschoolweek
- City of York Council - brochure ‘Le Tour de France is coming... are you ready?’ www.york.gov.uk/getyorkcycling
- British Cycling www.britishcycling.org.uk
- ‘Cycle Yorkshire - Realising the legacy of Le Grand Départ– a strategy for cycling in Yorkshire and the Humber’ – Yorkshire and Humber Local Authorities and Partners: www.yorkshire.com/legacy
- The Cultural Festival : <http://letour.yorkshire.com/artsfestival>

There are many useful websites with masses of information and useful references:

- The Tour de France for Dummies <http://www.amazon.co.uk/Tour-France-Dummies-Lance-Armstrong/dp/0764584499#>



- http://newsbbc.co.uk/sprt1/hi/other_sports/cycling/6253890.stm
- <http://www.bikeradar.com/racing/article/tour-d-france-rules-frequently-askedquestions-17218/>
- TES website – look for resources as the Grand Départ approaches – www.tes.co.uk
- Wikipedia – the free encyclopedia : look at Le Tour de France 2014 en.wikipedia.org/

For further contacts / links with business and the community contact your local Education and Business Partnership (EPB or BEP)

- East Yorkshire and Humber: www.humberebp.co.uk
- Business and Education South Yorkshire: www.be-sy.co.uk
- Bradford EBP: www.bradford.gov.uk
- York and North Yorkshire -NYBEP: www.nybep.org.uk
- Leeds EBP www.educationleeds.co.uk

Museums and Libraries also provided an excellent source of information
Useful Resources:

- Travel York and City of York Council : Sustainable Travel: ‘Resource Pack for Schools’ – this provides York schools with interactive materials that encourage and promote Sustainable Travel within the context of a Sustainable School. Although aimed at KS2 it could be also be useful for Year 7 students
For further information contact City of York Council School Travel Advisor or visit the Sustainable Travel York website www.itravellyork.info
- The West Yorkshire Bikeability brochure contains a Tour de France 2014 special feature : www.dft.gov.uk/bikeability
- Get geared up for Le Grand Départ by getting out and about in our National Parks.
The route of the 2014 Grand Départ winds its way through some of the best cycling country in the UK including the Yorkshire Dales National Park on Day 1 and the Peak District National Park on Day 2.
The Yorkshire Dales National Park was designated as a National Park in 1954. It covers an area of 1762 square kilometres, 1,460km of footpaths and is home to the famous Three Peaks of Ingleborough, Whernside and Pen-y-ghent.



Long open roads, windswept landscapes, steep climbs over high passes together with gentle valley roads and a café in almost every village, all within easy reach of big cities; our National Parks have inspired generations to get cycling in our most beautiful landscapes.

For more information about the Yorkshire Dales National Park visit www.yorkshiredales.org.uk or email info@yorkshiredales.org.uk

For more information about the Peak District National Park visit www.peakdistrict.gov.uk or email customer.service@peakdistrict.gov.uk

- Yorkshire Film Archive has a 33 minute film: ‘Morley Cycling Club presents British Cyclo-Cross Championships 1962.’ This film captures footage from the men’s and women’s competitions at the British Cyclo-Cross Championship held at Tingley, near Wakefield. It was the first women’s competition in this event and was won by Beryl Burton. John Atkins from Coventry Road Club won the men’s race. This could provide a good research tool . For further information or to access the film contact Yorkshire Film Archive <http://yorkshirefilmarchive.com/contact-us>
- **Be inspired by Yorkshire**

CapeUK is looking for schools which have the “grand” idea to raise children and young people’s aspirations, linked to one of the biggest sporting events in the world.

CapeUK is recruiting schools who want to be involved in an exciting partnership with arts and cultural organisations based around the Tour de France’s “Le Grand Depart” and Arts Award Discover.

This innovative project will support an embedded partnership between schools and an arts and cultural organisation which will continue beyond the life of Le Grand Depart.

Arts Award inspires young people (5 to 25 yrs) to grow their arts and leadership talents: it’s creative, valuable and accessible. Arts Award can be achieved at five levels, four accredited qualifications and an introductory award. For more information on the Arts Award visit www.artsaward.org.uk or for further information about Be Inspired by Yorkshire visit <http://www.capeuk.org/ace-bridge-organisation-role/arts-award>

Acknowledgements

Many partners from across the region have advised, supported and contributed in a myriad of different ways to this resource pack. Grateful thanks is given to all concerned for their valuable contribution. This list is alphabetical and thus in no priority order.

- British Cycling 
- City of York Council: Culture, Tourism and City Centre
Adults, Children and Education 
School Improvement Team
Sustainable Travel Service
- Sustrans 
- Tour de France Legacy – Cycle Yorkshire 
- Welcome to Yorkshire 
- Yorkshire and Humber Local Authorities - transport, highways and sports development departments

Words: Biz-ed Projects Ltd



Design and illustrations Cookie Graphic Design



- And to all our proof readers and pack test pilots – Thank you.
- For suggested updates and ideas please email TdF.york@york.gov.uk

Bibliography and quotes



Bibliography

- 'The Tour de France Miscellany', John White, Carlton Books, Limited, 2013
- 'Le Tour 100 – The definitive history of the world's greatest race', Peter Cossins, Isabel Best, Chris Sidwells & Clare Griffiths. Cassell Illustrated – an imprint of Octopus Publishing Group Limited, 2013
- 'The Tour de France Quiz Book', John DT White, Apex Publishing, 2005
- 'The History of the Tour de France', Marguerite Lazell, Firefly Books Ltd, 2003
- Wikipedia – the free encyclopedia: en.wikipedia.org/wiki
- The 'Welcome to Yorkshire ' website: <http://letour.yorkshire.com>
- Le Tour de France website: www.letour.fr
- DVD 'Le Tour de France - the Official History, 1903 – 2006' A Green Umbrella Distribution/World Cycling Productions,

Quotes

- 1 'The Tour de France Miscellany', John White, Carlton Books, Limited, 2013, p.133 (Introduction -Greg Lemond)
- 2 'Le Tour 100 – The definitive history of the world's greatest race', Peter Cossins, Isabel Best, Chris Sidwells & Clare Griffiths. Cassell Illustrated – an imprint of Octopus Publishing Group Limited,, 2013, p 49 (The Story of TDF - Octave Lapize)
- 3 'Le Tour 100' , p 37 (Scandal and Ethics – Maurice Garin)
- 4 'Le Tour 100', p 65 (Scandal and Ethics – Francis and Henri Pelissier)
- 5 'The Tour de France Miscellany', p 150 (Scandal and Ethics – Geraint Thomas)
6. Chris Froome – Team Sky, British Cycling

Grand Départ official charity partner

Marie Curie is thrilled to be the official charity partner for the 2014 Tour de France Grand Départ in the UK. This is the first time ever that a charity partner has been selected for the Grand Départ and is a huge honour for the Charity.



We are keen to encourage everyone to get on their bikes, grab a bucket and go yellow to help us put on the biggest party as we welcome the 2014 Grand Départ to Yorkshire. Your school can request a booklet where you will find inspiration, helpful advice and hints and tips on how you can make the most of your fundraising activity and we will be there for you every step of the way, so if you want to discuss fundraising ideas, or request more materials – balloons, banners, certificates, fundraising kits etc - to help support your activity we will be happy to help - whatever you choose to do for us!

All money raised through the Grand Départ partnership will enable your local Marie Curie Nursing team to provide practical hands-on nursing care for terminally ill patients in your local area.

For more information or to request your pack, please, go to www.mariecurie.co.uk/tourdefrance or email tourdefrance@mariecurie.org.uk.

Wheels within wheels

Ways and means to get cycling in your local area



The following headings provide examples of what's happening in the world of cycling in your local area. Discover where to go to cycle, join clubs or attend events. Find out about training, bikes and maintenance. It's never been so easy to get on your bike! Visit these websites to find your local information and check out your Local Authority website.

www.britishcycling.org.uk

www.goskyride.com

www.CTC.org.uk

Follow this Sustrans link to find cycle routes in your area.

<http://www.sustrans.org/ncn/map?lat+54.093265123961025&lng=1.3886174000000437&zoom=9&route-type=all-routes&filters>

Places to Ride

Road/Highway

Closed road circuit

Greenway

National and local cycle network routes

Country Park

BMX track

Routes to leisure destinations

Parks and green spaces where permitted

Dedicated mountain bike trails/courses

Bridleways

Led rides and cycling events

Sky Ride - Traffic free Bike rides

Sky Ride Local - Guided Bike Rides for all ages and abilities

Cycling festivals

Local led rides

CycleSport / Racing

Go Ride Clubs

Local cycling clubs

Bike Club rides

Go Ride Racing events

Open session or taster session at closed road circuit / BMX track

Racing Events for spectators

Cyclocross events

Grasstrack racing

Training

Bikeability

Maintenance courses

Adult cycle training

After school cycling activities

Getting a bike

Friendly local shops

Social Enterprise - bike recycle schemes

Adapted bike hire and purchase

Cycle hire

Wheels within wheels

Barnsley area



Led rides and cycling events

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides

for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride.

www.breezebikerides.com

CycleSport/Racing

Local cycling clubs

www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling. www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Wheels within wheels

Bradford area

Places to ride

Closed road circuit - A traffic free, purpose built track for training and racing – Richard Dunns Sports Centre

<http://eastbradfordcyclingclub.blogspot.co.uk/p/east-bradford-cycling-club-about.html>

BMX track - A purpose built track for racing BMX's and training.
Bradford Bandits

<http://www.bradfordbmxbandits.org.uk/>

Led rides and cycling events

Sky Ride Big Bike Rides - Sky Rides are big, fun events which take over a town or city centre so lots of cyclists of all ages and abilities can ride safely together on a traffic-free route. They're a great day out for families, with loads to do both on and off a bike.

www.goskyride.com/bradfordskyride

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge.

www.goskyride.com/bradford

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides

for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride.

www.breezebikerides.com

CycleSport/Racing

Local cycling clubs

www.britishcycling.org.uk/clubfinder

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

East Bradford Cycle Club

<http://eastbradfordcyclingclub.blogspot.co.uk/>

Bradford Bandits

<http://www.bradfordbmxbandits.org.uk/>

Ilkley Cycling Club

<http://www.ilkleycyclingclub.org.uk/>

Bronte Wheelers

<http://www.brontewheelers.org/>

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling.

www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Racing Events for spectators: Major Events to watch from the side of the road or behind barriers.

Ilkley Town Centre Races

Sportives

White Rose Classic

Wheels within wheels

Calderdale area

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge.

www.goskyride.com

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. **www.goskyride.com/Social**

Breeze Bike Rides - Bike rides

for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. **www.breezebikerides.com**

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Pedal Sport Cycle Club **<http://www.pedalsportcyclingclub.co.uk/>**

Local cycling clubs **www.britishcycling.org.uk/clubfinder**

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling. **www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing**

Sportives

Ronde Van Calderdale

Wheels within wheels

Craven District area

- The following headings provide examples of what's happening in the world of cycling in your local area . Find out where to go to cycle, clubs, events, training, maintenance and bikes. It's never been so easy to get on your bike!

Craven has fabulous , quiet country lanes and stunning mountain biking. It has one of the highest rates for cycling in England

Places to Ride

National: only a few see sustrans, Way of Roses, Pennine Bridelway and Yorkshire Dales Cycleway

Routes to leisure destinations: A few routes are listed on following sites:

www.cyclethedales.org.uk

<http://www.cravenc.gov.uk/article/1155/Cycling-in-Craven>

Led rides and cycling events

Sky Ride Local - Guided Bike Rides for all ages and abilities – none until May 2014

Local led rides – see www.skiptoncyclingclub.org.uk and other clubs listed here: <http://www.cravenc.gov.uk/article/4135/Cycle-Clubs>

Junior Cycle club pilot done in 2013 and full club planned for 2014 see here: <http://www.skiptoncyclingclub.org.uk/skipton-junior-cycling-club/>

CycleSport / Racing

Local cycling clubs – see above club list

Club rides – see club rides above

Racing Events for spectators – 3 Peaks Cyclocross Race and Ralpa Supercross

Training

Bikeability – in 7 primary schools

Maintenance courses – yes see here

Craven District Council will be delivering bikeability and adult training in near future – see here for up to date info: <http://www.cravendc.gov.uk/article/1155/Cycling-in-Craven>

Getting a bike

Friendly local shops: see here -

<http://www.cravendc.gov.uk/article/4136/Services-for-cyclists>

Social Enterprise - bike recycle schemes Skipton Rotary do an annual scheme

Cycle hire – see here: <http://www.cravendc.gov.uk/article/4136/Services-for-cyclists>

Wheels within wheels

Doncaster area

Places to ride

The link below will provide new look Borough Cycle Map was first published in 2003 and updated in 2013. Every route shown on the map has been cycled and evaluated and many of the advisory routes marked have been suggested by local cyclists. The map also highlights places of interest that cyclists may wish to visit as well as all important refreshment stops.

http://www.doncaster.gov.uk/Images/Doncaster_web%2037-104534.pdf

Led rides and cycling events

Social Cycling Group Rides - Groups and rides organises by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride.

www.breezebikerides.com

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Doncaster BMX Racing

http://www.britishcycling.org.uk/club/profile?club_id=1664

Rossington Wheelers

<http://rossingtonwheelers.co.uk/>

Local cycling clubs

www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling.
www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Doncaster Wheelers

<http://www.doncasterwheelers.info/>

Tickhill Velo

<http://www.tickhillvelo.com/>

Cyclesupreme cycle club

<http://cyclesupreme.wordpress.com/>

Racing events for spectators: Major events to watch from the side of the road or behind barriers.

Doncaster Circuit Races

Tickhill GP

Wheels within wheels

East Riding of Yorkshire area

The following headings provide examples of what's happening in the world of cycling in your local area. Find out where to go to cycle, clubs, events, training, maintenance and bikes. It's never been so easy to get on your bike!

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. www.goskyride.com/east-riding

Local groups such as the Cyclists Touring Club, run regular rides. For more information go to www.ctc.org.uk/local-groups.

Led rides can be provided for schools working with the Council's Road Safety team on the Cycle Friendly School Award. For more information contact the Council's Road Safety team on 01482 393939.

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. www.breezebikerides.com

Places to Ride

In the East Riding there are around 200km of National Cycle Network, including long distance routes such as the Trans Pennine Trail and the Way of the Roses. For details go to www.sustrans.org or www.transpenninetrail.org.uk.

There is around 90km of the National Byway in the East Riding of Yorkshire with information available at www.thenationalbyway.org.



The Council has developed a series of mapped leisure routes using quiet roads and off-road sections around the East Riding. There are also cycle maps for our major towns. These can be found on www.eastriding.gov.uk and search for Transport Policy.

Additional cycle routes are described on the Walking the Riding website. <http://walkingtheriding.eastriding.gov.uk>.

Visit Hull and East Riding have details of the Big Skies Bike Rides, which are leisure cycle routes around the Yorkshire Wolds, on their website.

www.visithullandeastyorkshire.com

Closed road circuit - A traffic free, purpose built track for training and racing. Hull Cycle Speedway track (Hessle) <http://www.hullcyclespeedway.co.uk/>

BMX parks – Anlaby, Beverley, Bridlington, Drifffield, Eastrington, Goole, Hessle, Hornsea, Market Weighton, North Ferriby, Withernsea, Cottingham KGV Playing Field, and Goole West Park. <http://www.bikes.org.uk/bmx-parks-in-yorkshire-humberside/>

CycleSport/Racing

British Cycling has information on local cycle sports clubs and events on their website.

www.britishcycling.org.uk/clubfinder

Training

Bikeability level 1 and 2 training is provided in local primary schools and occasionally through school holiday activities, which are publicised locally. Level 3 training is offered to secondary schools, colleges and in partnership with other organisations. Level 3 training is also provided for adults.

Local schools involved in the Cycle Friendly School scheme are supported in the creation of Cycling Clubs, including the provision of cycle maintenance sessions and led cycle rides.

For more information contact the Council's Road Safety team on 01482 393939.

Getting a bike

All the major towns in the East Riding have cycle shops providing sales and repairs. For details check the Yellow Pages or search online.

'Bike and Go' cycle hire is available at Beverley railway station. For details go to www.bikeandgo.co.uk.

Wheels within wheels

Harrogate area

The following headings provide examples of what's happening in the world of cycling in your local area. Find out where to go to cycle, clubs, events, training, maintenance and bikes. It's never been so easy to get on your bike!

Places to ride

NCN route 67 – Harrogate to Ripley

NCN route 636 –Beryl Burton way

www.sustrans.org.uk

Led rides & cycling events

Social cycling Group Rides – Rides organised by like-minded cyclists in your area.

www.goskyride.com/social

Breeze Bike Rides – Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun.

www.breezebikerides.com

Family/Beginner Rides – Rides for those lacking confidence to go out alone, or if you like the social side of cycling.

www.harrogate.gov.uk/sportsdevelopment and click on cycling.

Annual Cycling Festival – Marks the end of National Bike Week

for further details go to www.harrogate.gov.uk/sportsdevelopment

Cycle sport and Racing

Harrogate Nova cc

www.harrogatenova.com

Wheel easy

www.wheel-easy.org.uk

Cappuccino Club

www.cappuccinoclub.co.uk

Training

Bike ability, Safer cycling and Bike maintenance

Contact – www.harrogate.gov.uk/sportsdevelopment

Getting a Bike

Cycle Hire

Big Red Bike Company

1-2 Odeon Buildings (next to Odeon Cinema),
East Parade, Harrogate HG1 5LB. 01423 508941

www.bigredbike.co.uk

Cycle Shops

Friendly local shops:

Big Red Bike Company

www.bigredbike.co.uk

Specialized

www.Specializedconceptstore.co.uk

Boneshakers

www.boneshakersbikes.co.uk

Wheels within wheels

Hull area

Places to ride

Hessle Cycle Speedway

Led rides and cycling events

Sky Ride Big Bike Rides - Sky Rides are big, fun events which take over a town or city centre so lots of cyclists of all ages and abilities can ride safely together on a traffic-free route. They're a great day out for families, with loads to do both on and off a bike.

www.goskyride.com/hullskyride

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. www.goskyride.com/hull

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. <https://www.facebook.com/SocialCyclingHULLandER>

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. www.breezebikerides.com

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Hull Cycle Speedway Club <http://www.hullcyclespeedway.co.uk/>

Hull and East Yorkshire Tri Club <http://hullandeastyorkshiretri.onsport.com/>

Local cycling clubs www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling.
www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Training

First point of contact should be Hull City Council Alan Robins or the School Sports Partnerships.

Providers of Bikeability include

<http://www.firststep-sports.co.uk/>

<http://www.achievepotentials.co.uk/All-training-and-facilitation>

www.firststep-sports.co.uk

After school cycling activities

Junior cycling club <http://www.cityroadclubhull.org.uk/club-info.php>

and <http://hullandeastyorkshiretri.onsport.com/team-info/childrens-triathlon-club/>

who are Go Ride accredited

Getting a bike

Social enterprise - bike recycle schemes

http://www.hullcc.gov.uk/portal/page?_pageid=221,696275&_dad=portal&_schema=PORTAL

<http://www.avenuesbicycleproject.org/>

Adapted bike hire and purchase

East Park Adapted Bikes

http://www.hullcc.gov.uk/portal/page?_pageid=221,672377&_dad=portal&_schema=PORTAL

[schema=PORTAL](http://www.hullcc.gov.uk/portal/page?_pageid=221,672377&_dad=portal&_schema=PORTAL)

Cycle Hire

Hull University Cycle Hub - new details tbc

Wheels within wheels

Kirklees area

Places to Ride

Closed road circuit – none known, but there is a gravel track cycle loop off Sands Lane, Dewsbury of 1km length. Nearest facilities: Richard Dunn Sports Centre, Odsal Top, Bradford. A circuit is to be constructed at The Brooksbank School & Sport College, Elland. www.bbs.calderdale.sch.uk

Greenways – many: Birkby Bradley Greenway; Spen Valley Greenway; Spen Ringway; Calder Valley Greenway; Dewsbury to Ossett Greenway; Meltham Greenway and some sections of river/ canal side paths. See <http://www.sustrans.org.uk/ncn/map/national-cycle-network> for more information or <http://www.kirklees.gov.uk/leisure/countryside/routesearch.asp>

National and local cycle network routes – sections of NCN 66, 68, 69, 699 & 627, see www.sustrans.org.uk/ncn/map

Some of our local interurban routes on former rail corridors, whilst the Pennine Cycleway is a long-distance challenge route.

The West Yorkshire Cycle Route is also a long distance challenge route.

Country Parks:

Oakwell Hall Country Park – this has a bridleway route which can be used by cyclists and a café and visitor cycle parking. www.kirklees.gov.uk/oakwellhall

Dewsbury Country Park, <https://en-gb.facebook.com/dewsburycountrypark> cycle routes are in development.

BMX track

Knowl Park, Mirfield – BMX dirt track

Coal Pit Mews, Batley – Grass cycle track

Hammond Street, Fartown – Grass cycle track

Park Mill Colliery, Clayton West – BMX Dirt track

West End Park, Cleckheaton – Grass cycle track

Meltham – BMX park proposed.

Routes to leisure destinations – some of the greenways provide traffic-free routes to access other facilities, e.g. Birkby Bradley Greenway to Leeds Road Sports Complex and Huddersfield town centre including the sports centre; Dewsbury to Ossett Greenway to Dewsbury town centre including the sports centre; Savile Town Wharf. Spenn Valley Greenway to Spenn Pool and Princess Mary Athletics Track; Victoria Park, Oakenshaw. Calder Valley Greenway to Dewsbury Country Park.

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. **www.goskyride.com/kirklees**

Cycling festivals – Dewsbury Cycle Fest. 18 August 2013 was held as part of the Outdoor Dewsbury Festival, see: <http://www.kirklees.gov.uk/events/documents/OutdoorDewsbury.pdf>

Plans for 2014 not yet determined.

Cycling information stands and events take place as part of other events, e.g. Batley Festival, 21 Sept. 2013; Flame Celebration etc. See: www.wygo-cycling.com

Local led rides – yes by various local cycling clubs and as promotions for particular projects and initiatives, e.g. Workplace Cycle Challenge.

The Social Rides through the Sky Ride programme provide alternative group recreational bike rides, **www.goskyride.com/Social**

Social groups:

Stadium Riders

Huddersfield & District CTC

Huddersfield Star Wheelers

Hot X Bunnies

Wednesday Warriors

Huddersfield & District Chillax & Ride

Breeze Bike Rides - Bike rides

for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. **www.breezebikerides.com**

Streetbikes is a community interest company that works with schools, children's centres, community centres to provide grassroots cycling in deprived communities. They organise young people's, women only and family cycling activities, see:

www.streetbikes.org.uk

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Kirklees Cycling Academy – www.k-ca.org

Yorkshire, Affiliated Club.

Activities: Club training rides, Coaching, Cyclo-Cross racing, Recreational rides, Road racing, Sportives, Track racing

Suitable for: Youths/Juniors (under 16s), Adults (over 16), Female Cyclists, Male Cyclists, Novice riders (rides up to 1hr), Intermediate riders (1-3 hrs), Advanced riders (rides 3hr+), Racing cyclists

Huddersfield Star Wheelers – www.starwheelers.com

Yorkshire, Affiliated Club

Activities: Charity rides, Club training rides, Coaching, Competitive Time Trials, Cyclo-Cross racing, MTB Cross Country racing, Recreational rides, Road racing, Sportives, Track racing, Women only sessions

Suitable for: Youths/Juniors (under 16s), Adults (over 16), Female Cyclists, Male Cyclists, Intermediate riders (1-3 hrs), Advanced riders (rides 3hr+), Racing cyclists

Holmfirth High School –

Yorkshire, Affiliated Club

Activities: Cyclo-Cross racing

Suitable for: Youths/Juniors (under 16s), Female Cyclists, Male Cyclists, Novice riders (rides up to 1hr)

Holme Valley Wheelers – www.holmevalleywheelers.org.uk

Yorkshire, Affiliated Club

Activities: Club training rides, Coaching, Competitive Time Trials, Cyclo-Cross racing, MTB Cross Country racing, Recreational rides, Road racing, Sportives, Track racing, Women only sessions

Suitable for: Youths/Juniors (under 16s), Adults (over 16), Female Cyclists, Male Cyclists, Novice riders (rides up to 1hr), Intermediate riders (1-3 hrs), Advanced riders (rides 3hr+), Racing cyclists

Easy access to: East Bradford Cycling Club, Kids Saturday Bike Club

www.eastbradfordcyclingclub.blogspot.co.uk

Yorkshire, Affiliated Club

Activities: Club training rides, Coaching, Competitive Time Trials, Cyclo-Cross racing, Recreational rides, Road racing, Track racing

Suitable for: Youths/Juniors (under 16s), Adults (over 16), Female Cyclists, Male Cyclists, Novice riders (rides up to 1hr), Intermediate riders (1-3 hrs), Racing cyclists

Local cycling clubs www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling.
www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing
See also: British Schools Cycling Association www.bsca.org.uk

Brian Robinson Challenge 2014 www.sportivescene.co.uk
Skylark Sportive, 13 April 2014 info@TeamOA.co.uk

Mountain bike navigation events (British Mountain Bike Orienteering – BMBO) Organic Adventure www.xcracer.com
South Pennines Walk & Ride Festival www.walkandridefestival.co.uk

Mountain Bike Challenges –
Pennine X Mountain Bike Challenge www.penninex.co.uk
The Original Holme Valley Mountain Bike Challenge www.bikechallenge.co.uk
Colne Valley Mountain Bike Challenge www.cvmbc.co.uk

Huddersfield Star Wheelers – www.starwheelers.com
Holme Valley Wheelers – www.holmevalleywheelers.org.uk
Huddersfield & District CTC – www.huddersfieldctc.org.uk
Huddersfield Road Club –
Batley Cycling Club – info@hargreaves-cycles.co.uk
Heckmondwike Cycle Speedway – **Contact: Justin Naylor** jusycom@yahoo.co.uk
Kirklees Cycling Academy www.k-ca.org.uk
Ravensthorpe Cycling Club – www.ravensthorpe-cycling-club.org.uk
3 RT – contact: Velocity Cycles info@velocitycycles.co.uk
West Yorkshire Rough Riders – www.roughridersmbc.co.uk

Club rides – see individual clubs for details

Open session or taster session at closed road circuit / BMX track – none locally but see:
The White Rose Youth League <http://www.whiteroseyouthleague.co.uk/>

Racing Events for spectators – e.g. time trials, see: Cycling Time Trials
www.cyclingtimetrials.org.uk

Hill Climbs – Huddersfield Star Wheelers, October – Jackson Bridge course see:
<http://www.starwheelers.com/hillclimbs.html>

Holme Valley Wheelers – Holme Moss

Training

Bikeability – this is delivered to schools in Kirklees by one of 3 agencies depending on the location:

BeCycling www.becycling.co.uk

Kirklees Council – **01484 221162**

Spenn Valley School Sport Partnership mick@legacysport.co.uk

Maintenance courses – the go:cycling project offers free cycle maintenance training and courses http://www.wygo-cycling.com/Cycle_Training/

Adult cycle training - the go:cycling project offers free adult cycle training

http://www.wygo-cycling.com/Cycle_Training/

After school cycling activities – not known except for Holmfirth High School offering cyclo-cross racing.

Newsome High School and Colne Valley High School are venues for cyclo-cross racing.

See: <http://yorkshirecyclocross.com/>

Getting a bike

Friendly local shops

Birstall – Junction 27 Cycle Centre Ltd www.factorydirectbikes.com

Cleckheaton – Spenn Velo – Westgate, Cleckheaton

Dewsbury – Bill Hargreaves Cycles www.hargreaves-cycles.co.uk

Gomersal – Oakwell Cycles www.oakwell-cycles.co.uk

Honley – Honley Cycles – Bradshaw Road, Honley

Huddersfield:

Wheelspin Cycles www.wheelspincycles.com

Earnshaws Two Wheel Centre www.earnshaws.net

Kirkburton – Try Cycling www.trycycling.co.uk

Lindley – Velocity Cycles www.velocitycycles.co.uk

Linthwaite - **Bike Works** www.hdbikeworks.co.uk

Meltham – Cycle Sense – **Huddersfield Road, Meltham**

Mirfield – Sowerby Brothers Cycles www.sowerbybros@hotmail.com

Social Enterprise - bike recycle schemes

Streetbikes CiC www.streetbikes.org.uk

Adapted bike hire and purchase – some adapted cycle sessions are organised by Streetbikes at Princess Mary Athletics Track, Liversedge.

Cycle hire – no known local facilities, nearest: Cycle Penistone www.cyclepenistone.org.uk

Safe 2 Cycle, Bradford www.safe2cycle.co.uk

For further information visit the British Cycling website www.britishcycling.org.uk

Wheels within wheels

Leeds area

The following headings provide examples of what's happening in the world of cycling in your local area. Find out where to go to cycle, clubs, events, training, maintenance and bikes. It's never been so easy to get on your bike!

Introduction

Cycling around Leeds can be an extremely pleasant experience. Large parts of the city are relatively flat and few of the hills present difficulties to cyclists. Away from the main routes and dual carriageways, a network of minor streets, country lanes and off-road paths can provide a safe and enjoyable journey.

Places to Ride

- On the local road and off-road cycle network – use the Leeds Cycle Map to choose a route to suit your skills, confidence and preferences. To view the map go to <http://www.leeds.gov.uk/residents/Pages/Cycling-and-Walking.aspx> alternatively pick up a free copy at your local bike shop or email travelwise@leeds.gov.uk
- Leeds Core Cycle Network Routes provide continuous signed routes from the suburbs to the city centre and other key destinations across the city (shown in blue on the Leeds cycle map). The routes in place already are,
 - Alwoodley to city centre
 - The Wyke Beck Way – Roundhay Park to Temple Newsam
 - Middleton to city centre
 - Armley to city centre
 - West Park to city centre
 - Garforth to city centre
- Routes marked in yellow on the cycle map are on roads identified as being comparatively safe and convenient to use. Naturally some will be busier than others. If you feel uncomfortable with the volume or speed of traffic, try an alternative route – you may find one we have not marked.

- Green Routes are traffic-free and are a mixture of cycle tracks, river and canal towpaths and official routes through parks. Some may be muddy in winter and unlit, so check them out during the day time first.
- A number of bridleways are shown in light purple where cycling is allowed, but the paths may be rough and suitable for mountain bikes only. Remember you must give way to horses and pedestrians on bridleways and close any gates behind you.
- National and local cycle network routes – Route 66 on the Leeds and Liverpool Canal Towpath, and Route 67 The Trans Pennine Trail adjacent to the River Aire in South East Leeds. Aireborough Greenway is a short traffic-free route between Yeadon and Guiseley – The. Cycling charity Sustrans sell a number of route maps and guides for the area see **www.sustransshop.co.uk**
- Cycling is permitted in some city parks including Temple Newsam Park where a cycle trail has been constructed, and through Roundhay Park on the Core Cycle Network Route – The Wyke Beck Way. Please check for local restrictions.
- BMX tracks – informal tracks exist locally and there are two official BMX tracks at Yeadon Tarn and Fearnville Leisure Centre. Many of the City's parks have BMX / Skateboard areas. See **<http://www.leedsbmx.co.uk/>**
- The Works Skatepark in Hunslet Leeds is one of the biggest indoor BMX facilities in the country.
<http://www.theworksskatepark.co.uk/>
- Schools are often located near the routes and tracks listed above, and a few have recommended cycling routes into school, so look out for opportunities in your neighbourhood. A growing number of schools are being provided with secure cycle storage sheds to park your bike safely during the school day. Ask your teacher about cycle parking at your school.

Led rides and cycling events

- Sky Ride City– Leeds will hold its second city Sky Ride closed-road mass participation event in June 2014, followed by a series of Sky Ride Local rides – a programme of local guided rides for all ages and abilities across Leeds and West Yorkshire. See **<http://www.goskyride.com/leeds>**
- go:cycling – the Council's adult cycle training project will run at least one cycling festival for people of all ages in Leeds in 2014. Website **<http://www.wygo:cycling.com/>**
- Local led rides – The opening of every new Core Cycle Network Route is celebrated by a ride along the route. Look out for rides along the Chapeltown to Leeds city centre route in 2014.

- Various cycle clubs and the Leeds Cycle Campaign group hold a number of social rides suitable for accompanied children and young people. Check your local club for more information. For a list of cycle clubs contact British Cycling at <http://www.britishcycling.org.uk/clubs>
- West Yorkshire Track League – grass track racing at Roundhay Park Leeds
<https://www.britishcycling.org.uk/events/details/83606/West-Riding-Track-League-2013-BC-Yorkshire-Regional-Grass-Track-Championships>

CycleSport/Racing

- Grass track racing at Roundhay Park circuit
- Sportives
- Charity rides
- Go Ride Clubs

Local cycling clubs

Club rides

Go Ride Racing events

Open session or taster session at closed road circuit / BMX track

Racing Events for spectators

Training

- The Bikeability cycle skills training programme is delivered through schools. For more information contact <http://leedscarnegiebikeability.co.uk/> or talk to your school.
- The Councils Road Safety and School Travel Teams also deliver a number of cycle related activities in schools each year including a national Bike Week programme for all schools and targeted help in priority areas. A special Tour De France school bike challenge is expected in 2014.
- go:cycling - The West Yorkshire Councils' and Metro adult cycle training project (cycle skills and bike maintenance) is available through www.wygocycling.com and is currently free to all adults who live or work in West Yorkshire.
- A number of schools have bike clubs and after school activities. Check your local school to see if they run a bike club.
- CTC training <http://www.ctc.org.uk/training>

Getting a bike

- Local Bike shops – There are about 25 bike shops in the Leeds area, and these are listed and shown on the Leeds Cycle Map.

- In addition to bike shops there is at least one bike recycling scheme that offers reduced cost bikes for purchase. This is based at Meanwood Valley Urban Farm <http://www.mvuf.org.uk/projects/reconnect/recycled-bike-project/>
- For bike maintenance The Pedallers' Arms Co-op in Leeds run a series of drop-in sessions where you can learn how to repair your bike in a friendly atmosphere. <http://pedallers-arms.org/>
- Adapted bike sessions are available at the John Charles Centre for Sport near Middleton Park. See <http://www.leeds.gov.uk/sports/Pages/Adapted-cycling-sessions.aspx>
- Cycle hire is available from Leeds Railway Station from Leeds Cyclepoint <http://www.cyclepoint.org/leedscyclepoint.html> and via Northern Rails new Bike & Go hire scheme due in late 2013, see <http://www.bikeandgo.co.uk/>

Wheels within wheels

North East Lincolnshire

Places to ride

BMX track - a purpose built track for racing BMXs and training

Giving Young People Opportunities (G*Y*P*O) http://gypoinfo.org/?page_id=31

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. www.goskyride.com/kirklees

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. www.breezebikerides.com

CycleSport / Racing

Local cycling clubs www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling. www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Training

Bikeability - email sports.development@nelincs.gov.uk

Getting a bike

Social enterprise - bike recycle scheme

Cycle Links Cycle Hire - <http://www.cyclelincs.co.uk/index.html>

Adapted bike hire and purchase

www.care4all.org.uk

Cycle Hire

<http://www.cyclelincs.co.uk/index.html>

Wheels within wheels

North Lincolnshire

Places to ride

BMX track - a purpose built track for racing BMXs and training

Sheffield Park BMX Track in Scunthorpe <http://www.northlincs.gov.uk/leisure/parks-and-playgrounds/green-flag-awards/sheffield-park/>

Velodrome

Scunthorpe Ouibell Park Velodrome <http://www.scunthorpepoly.co.uk/>

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. www.goskyride.com/north-lincolnshire

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. www.breezebikerides.com

CycleSport / Racing

Local cycling clubs www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling. www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing



Training

<http://www.northlincs.gov.uk/transport-and-streets/road-safety/cycletraining/>

Getting a bike

<http://www.northlincs.gov.uk/transport-and-streets/wheels-2-work-north-lincolnshire/>

Wheels within wheels

North Yorkshire

Places to ride

- Dalby Forest – World class facilities. It has a range of graded routes with miles of technical singletrack, north shore, 4X course, the World Cup XC course and green and blue trails suitable for family's, beginners, intermediate riders. Now the English CTC centre of excellence with emphasis on tuition and training.

www.forestry.gov.uk/dalbyforest

- Newbridge Park Woods – Pickering - An award-winning site part of the legacy from the UCI world championships. The site has been developed by the people of Pickering, has cross-country cycle trails, jump park and pump track.
- The natural geography of the area: Classic road and mountain biking terrain including the Howardian Hills and North Yorkshire moors with renowned road challenges such as Chimney Bank and Blakey Bank. It includes the finale of the Mountain bike route and Cycle-Way & Road based Route for the Coast to Coast, Moor to Sea cycle route and is crossed by the Sustrans National Route 65.

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. **www.goskyride.com/north-lincolnshire**

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. **www.goskyride.com/Social**

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. **www.breezebikerides.com**

- Ryedale Grand Prix, held annually since 2005, three times doubled as the National Championships in 2005, 2008 and 2012.
- Annual Ryedale Rumble Sportive.

- Annual Yorkshire Wolds Challenge.
- Proposals for Malton Town Centre Criterion race in association with local cycling club

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Richardson's Cycle Club www.richardsonsc.co.uk

Local cycling clubs www.britishcycling.org.uk/clubfinder

Malton Wheelers

- Mainly a road cycling club competing in Time Trials, Road Races and Cyclo Cross.
- Club ride every Sunday & Friday morning at 9am, usually returning at 12:30 after approximately 50 miles. All rides start from Malton Market Place near Northern Ride. Average speed (weather and terrain dependent) is about 16mph.
- Chain gang on Thursday nights meeting at Swinton at 6:25. During the Summer we hold club Time Trials on Wednesday evenings.
- Affiliated with British Cycling, Cyclist Touring Club, Yorkshire Cycling Federation & Cycling Time Trials. See the links below.
- E-mail us on maltonwheelersrc@tiscali.co.uk

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling.
www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing
Racing Events for spectators: Major Events to watch from the side of the road or behind barriers.

Ryedale GP

Ripon Town Centre Races

Sportives

3 Peaks Classic

Major leisure vents from family to challenge mileages

Etape du dales

Selby Swans

Training

<http://www.northyorks.gov.uk/index.aspx?articleid=324>

Getting a bike

Adapted bike hire and purchase <http://www.forestry.gov.uk/dalbyforest>

Cycle Hire http://www.dalbybikebarn.co.uk/page_2721744.html

Big Bear Bikes – Pickering - Southgate

Northern Ride – Malton Market Place

Pickering Cycle Centre – Pickering Market St

For further information visit the British Cycling website www.britishcycling.org.uk

Wheels within wheels

Richmondshire

Places to Ride

National:

Visit: www.sustrans.org.uk for full information on all routes

Local:

- Richmond to Catterick Garrison on constructed off road route and shared pavement.
- Richmond to Easby Abbey on old railway track.
- Various cycle paths through Catterick Garrison.
- Extensive off road cycle routes on bridleways including permissive bridleway on Racecourse.

There are a range of rides throughout the Yorkshire Dales. Visit the fabulous www.cyclethedales.org.uk to get full information on a range of rides including routes for Family rides.

For Mountain Biking visit www.mtbthedales.org.uk

Routes to leisure destinations

- Richmond to Catterick Garrison and Colburn links 3 Sports and Leisure Centres.
- Richmond to Easby railway route from The Station at Richmond to Abbey Ruins at Easby.
- Access to the Yorkshire Dales on quiet roads via Hudswell and Downholme to Redmire in Wensleydale or via Marske to Reeth in Swaledale. These link into Tour de France route.

Led rides and cycling events

Sky Ride Local - Guided Bike Rides for all ages and abilities take place in Catterick Garrison through the Army Welfare Service phone: 01748 872944

Local led rides

- Dales Bike Centre, Fremington visit: www.dalesbikecentre.co.uk
- See Bike Clubs below

Richmond Meet – May Bank Holiday includes a cycling sportive and Grass Track racing on the Grass Velodrome (Richmond Cricket Club) visit: www.richmondmeet.co.uk

Nutcracker Racing – Cross Country mountain bike racing events with a number of categories. British Cycling host the events under 12 programme called SweatMonsters so all the family can have fun. Visit www.nutcrackermtb.co.uk

Annual Audax event in September visit: www.swaledaleoutdoorclub.ork.uk

CycleSport / Racing

North Riding Track League – based at the Richmond Grass Velodrome (Richmond Cricket Club) – calendar to be confirmed at the end of 2013, visit www.northridingtrackleague.co.uk

Go Ride Clubs & Go Ride Racing events – visit www.britishcycling.org.uk

Local cycling clubs

Richmond Cycling Club www.richmondcc.co.uk

Colomba Cycle Club www.colombacycleclub.co.uk

Swaledale Outdoor Club www.swaledaleoutdoorclub.org.uk

All the clubs offer a wide range of events and activities throughout the year. For further information on cycling clubs visit: www.britishcycling.org.uk

Training

Bikeability a number of schools runs bikeability. For more information contact your school.

Mountain Bike Project for 13-16 yr olds, running throughout Jan-July ran by North Yorkshire County Council Youth Support Service. To find out full details phone: 01609 532323

A number of schools have bike clubs and after schools activities. Contact your local school for more information.

Various training programmes from one-to-one to group for road cycling or mountain



Biking contact Dales Bike Centre, Fremington visit: www.dalesbikecentre.co.uk
phone: 01748 884908

Low Mill Outdoor Centre, Askrigg, offers residential and non-residential outdoor education and group activity experiences which can include mountain biking and road cycling. Visit: www.lowmill.com phone: 01969 650432

For further information visit www.northyorkshiresport.co.uk

Getting a bike

Friendly local shops

- Arthur Caygill Cycles, Richmond visit: www.arthurcaygillcycles.biz phone: 01748 825469
 - Bank Cycles, Catterick visit: www.bankscycles.co.uk phone: 01748 836143
 - Leyburn Bikes, Leyburn visit: www.leyburnbikes.com phone: 01969 623565
- Check your local business directory to find information on other bikes shops.

Cycle hire

- Dales Bike Centre, Fremington visit: www.dalesbikecentre.co.uk
- Richmond Leisure Trust visit: www.rltrust.org.uk phone: 01748 824581

For further information visit the British Cycling website www.britishcycling.org.uk

Wheels within wheels

Rotherham area

The following headings provide examples of what's happening in the world of cycling in your local area . Find out where to go to cycle, clubs, events, training, maintenance and bikes. It's never been so easy to get on your bike!

Places to Ride

Rotherham has lots of on and off road cycle routes which are all displayed on the Rotherham Cycle Map. This is available from Rotherham Council free of charge.

Some of the locations and routes to cycle include:

The Trans Pennine Trail

<http://www.transpenninetrail.org.uk/>

Sustrans National Cycle Network

<http://www.sustrans.org.uk/ncn/map/national-cycle-network>

Rother Valley Country Park.

<http://www.rvcp.co.uk/ThingstoDo/Cycling.aspx>

Rotherham to Sheffield Canal towpath.

BMX tracks at Wath, Brampton, Kimberworth, Eastwood.

Led rides and cycling events

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride.

www.breezebikerides.com

CycleSport/Racing

There are six local cycling clubs in Rotherham:

Rotherham Wheelers

Out of the Saddle

Dinnington Racing Club

Rockingham Cycling Club

Kiveton Park Cycling Club

Thurcroft Cycling Club

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure Harworth Hurricanes BMX Club

www.harworth-hurricanes.co.uk/

Local cycling clubs

www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling.

www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Training

Bikeability Cycle training is offered to all primary schools in Rotherham.

Free Adult and Family Cycle Training is offered to local residents and workers in the Dearne and Don Valley areas of Rotherham.

Getting a bike

Friendly local shops:

Fosters Cycles, Thames Street, Rotherham S60 1LU

Tel: 01709 371576/820293

Halfords Bike Hut, Unit 2, Canklow Meadows, Rotherham S60 2XL

Tel: 01709 723740

Halfords Bike Hut, Unit 2, Cortonwood, Brampton, Barnsley S73 0TB

Tel: 01226 344010

JE James Cycles, The Old Fire Station, Erskine Road, Rotherham S65 1RF

Tel: 01709 361919



Mexborough Cycle Centre, 49 Wath Road, Mexborough S64 9QZ
Tel: 01709 579249

Planet X, Unit 6, Ignite Business Park, Magna Way, Sheffield S60 1FD
Tel: 01709 386663

RGH Cycles, 1 School Road, Wales, Sheffield, S26 5QG
Tel: 01909 770397

Sondec Cycles, 222 Wellgate, Rotherham, S60 2PD
Tel: 01709 369607

Universal Cycle Centre, 122 Manor Road, Maltby S66 7EW
Tel: 01709 813089

Cycle hire

Rother Valley Country Park.

<http://www.rvcp.co.uk/ThingstoDo/Cycling.aspx>

Adapted Bike Hire is also available at Rother Valley Country Park.

<http://www.rvcp.co.uk/ThingstoDo/Cycling.aspx>

Wheels within wheels

Ryedale

The following headings provide examples of what's happening in the world of cycling in your local area . Find out where to go to cycle, clubs, events, training, maintenance and bikes. It's never been so easy to get on your bike!

Places to Ride

- Dalby Forest – World class facilities. It has a range of graded routes with miles of technical singletrack, north shore, 4X course, the World Cup XC course and green and blue trails suitable for family's, beginners, intermediate riders. Now the English CTC centre of excellence with emphasis on tuition and training.
- Newbridge Park Woods –Pickering - An award-winning site part of the legacy from the UCI world championships. The site has been developed by the people of Pickering, has cross-country cycle trails, jump park and pump track.
- The natural geography of the area: Classic road and mountain biking terrain including the Howardian Hills and North Yorkshire moors with renowned road challenges such as Chimney Bank and Blakey Bank. It includes the finale of the Mountain bike route and Cycle-Way & Road based Route for the Coast to Coast, Moor to Sea cycle route and is crossed by the Sustrans National Route 65.

Cycling events

- Ryedale Grand Prix, held annually since 2005, three times doubled as the National Championships in 2005, 2008 and 2012. .
- Annual Ryedale Rumble Sportive.
- Annual Yorkshire Wolds Challenge.
- Proposals for Malton Town Centre Criterion race in association with local cycling club

CycleSport / Racing

Malton Wheelers

- Mainly a road cycling club competing in Time Trials, Road Races and Cyclo Cross.
- Club ride every Sunday & Friday morning at 9am, usually returning at 12:30 after



approximately 50 miles. All rides start from Malton Market Place near Northern Ride. Average speed (weather and terrain dependent) is about 16mph.

- Chain gang on Thursday nights meeting at Swinton at 6:25. During the Summer we hold club Time Trials on Wednesday evenings.
- Affiliated with British Cycling, Cyclist Touring Club, Yorkshire Cycling Federation & Cycling Time Trials. See the links below.
- E-mail us on maltonwheelersrc@tiscali.co.uk

Getting a bike

Big Bear Bikes – Pickering - Southgate

Northern Ride – Malton Market Place

Pickering Cycle Centre – Pickering Market St

Dalby Bike Barn – Dalby Forest – inc bike hire

For further information visit the British Cycling website

www.britishcycling.org.uk

Wheels within wheels

Sheffield area

Places to ride

Green Routes

- Endcliffe Park to Forge Dam Cafe - S11 7AB to S10 3TE
Involves 2 road crossings, route can be extended to Ringinglow but involves steep climb
- Carbrook to Ecclesfield - S9 1EP to S35 9
- Five weirs walk/Tinsley Canal - Sheffield to Rotherham
Involves some quiet roads follows River Don and then Canal
- Manor to Shirebrook- S2 5AA to S13 7BR
Involves some road crossings
- Beeley Wood - S35 0JS

Cycle networks

- NCN 6 – Rother Valley to Ringinglow via Rotherham
- NCN 67 – Rother Valley to Thorpe Hesley
- NCN 627(a) – Manor to Owlerton
- NCN 627 (b) – Wharncliffe Woods
- Sheaf Valley Route - City Centre to Hutcliff Wood
- Trans Pennine Trail – See NCN 6
- Three bridges Route - Rother Valley to Halfway
- Rother Valley Country park - S26 5PQ
Bike hire available

BMX Tracks

- Bolehills <http://bolehills.com/>
- Richmond Park <http://forp.me/about/we-are-here/>
- Woolley Wood <http://www.concordpark.btck.co.uk/>
- Heeley <http://blog.community-spaces.org.uk/2012/01/26/on-the-bmx-trail-at-heeley/>

MTB Trails/locations

- Parkwood Springs <https://www.facebook.com/ParkwoodSprings>
- Greno Woods <http://grenowoods.com/mountain-biking-plans>
- Blacka Moor <http://www.bikemap.net/en/route/404368-blackamoor-loop/>
- Wharncliffe Woods http://www.singletraction.co.uk/wp/?page_id=374

Led Rides and Cycling events

- Friday night ride <http://www.sfnr.org.uk/>
Once a month various interesting routes
- Breeze rides Various locations – Women only some women and children rides
- JRA Tuesday eve rides North Sheffield (S35 0JZ) - MTB ride into Wharncliffe Woods
- Bike Tree Weds night rides – South West Sheffield - MTB rides out to the peak district
- Sheffield CTC rides –Various <http://www.sheffieldctc.org/>
Rides on Sundays and Wednesday eves

CycleSport/Racing

- Sheffield Cycle speedway <http://www.sheffieldstars.com/>
- Langsett <http://www.langsettcyclesrt.co.uk/about/>
- Racing team Rutland <http://www.rutland.cc/>
- Sharrow CC <http://sharrowcyclingclub.co.uk/>
- Sheffield CTC <http://www.sheffieldctc.org/>

- Shefreccc <http://www.sheffrec-cc.org.uk/> Covers all aspects of cycling
- Norton Wheelers - Cyclo Cross <http://www.nortonwheelers.co.uk/>
- Stocksbridge <http://www.strava.com/clubs/stocksbridge-cycling-club-3692>
Racing team aimed at younger cyclists
- Sheffield Sports - Road cycling <http://www.sheffieldsportscs.co.uk/>
- Kiveton park <http://kivetonparkcyclingclub.co.uk/>
- Ride Sheffield <http://www.ridesheffield.org.uk/>
- Sheffield Grand prix <http://www.sheffieldgrandprix.co.uk/>
- Various MTB events Greno Woods

Training

Bikeability Yes for yrs 5 and 6

Maintenance courses

Yes at Recycle bikes Heeley, Attercliffe Bike Kitchen and Edinburgh Bike shop

Adult cycle training

Yes, scheduled cycle training programme at the following parks Hillsborough, High Hazels, Endcliffe, Concord

Plus Learn to ride at Sharrow, Darnall, Concord Park, High Green and Northern General Hospital

Advanced Training available at City Centre and Stannington

Getting a bike

Friendly local shops

CCC Cycles/Go Outdoors, Hill St, Bramall Lane, Sheffield S2 4SZ. Tel: 0114 279 7630

Decathlon, 1 Eyre St, Sheffield S1 4QZ. Tel: 0114 229 8190

J. F. Wilson Cycles, 220 City Rd, Sheffield S2 5HP. Tel: 0114 272 3483

J. E. James Cycles, 347-361 Bramall Lane, Sheffield S2 4RN. Tel: 0114 255 0557

Langsett Cycles, 182-192 Infirmary Road, Sheffield S6 3DH. Tel: 0114 234 8191



Albert Butterworth, 547, Abbeydale Rd, Sheffield, SouthYorkshire S7 1TA
Tel: 0114 255 2165

Tony Butterworth Cycles, 86-90, Catch Bar Lane, Sheffield, South Yorkshire S6 1TA
Tel: 0114 234 3218

Edinburgh Bike Shop, 300 Broadfield Road Sheffield S8 0XQ. Tel: 0845 257 0808

The Bike Tree, 289 Abbeydale Road South S17 3LB. Tel: 0114 2365858

La Bicicleta 54 Greystones Road , Sheffield, S11 7BN. Tel: 0114 266 2323

Just Riding Along, The Old Rolling Mill Langsett Rd South Oughtibridge S35 0GZ.
0114 2864900

Bike Rehab, Unit 7, Devonshire Business Park, Wellington Street, S1 4HX

Cycle Repairs and Maintenance, 271a Derbyshire Lane, S8 8SG

Planet X, 6 Ignite, Magna Way, S60 1FD

Russell's Bicycle Shed, 53 Mowbray Street, Neepsend, Sheffield, S3 8EN
Tel: 07557 410 553

OverRide CycleWorks, 284 Shalesmoor, Sheffield S3 8UL Tel 0114 272 8518

Social Enterprise - bike recycle schemes

Recycle, Ash Tree Yard 62-68 Thirlwell Road, Heeley, S8 9TF
Tel: 0114 2507717

Cycle hire

Rother Valley Country Park

<http://www.rothervalleycountrypark.co.uk/>

Wheels within wheels

Wakefield area

Led rides and cycling events

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. www.goskyride.com/north-lincolnshire

Social Cycling Group Rides - Groups and rides organised by like minded cyclists in your area. www.goskyride.com/Social

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. www.breezebikerides.com

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Wakefield Junior Triathlon Club www.wakefieldjuniortri.co.uk

BBM Revolution Cycling Club www.teamsportscover.com

Calder Calrion www.teamsportscover.com

Local cycling clubs www.britishcycling.org.uk/clubfinder

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling. www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing

Sportives – Cyclothon

Major leisure events ranging from family to challenge mileage

Wakefield Hospice Dark Peak

Tour de Yorkshire

Wheels within wheels

York area

Places to ride

Close road circuit - A traffic free, purpose built track for training and racing
York University Cycle Circuit www.york-sport.com/cycling

BMX track - a purpose built track for racing BMXs and training
Rawcliffe Bar Country Park www.york.gov.uk/rawcliffebarcountrypark

i-Travel York delivers a range of travel planning, events, activities and campaigns to promote all sustainable travel modes including cycling. i-Travel offers cycle training during term time to all pupils in York. It also offers personalised training sessions for children and adults of all abilities through the Bikability scheme. From beginner to advanced, for individuals, group or families, the training is available at a time and place to suit you.

For more information go to www.itravelyork.info

Led rides and cycling events

Sky Ride Big Bike Rides - Sky Rides are big, fun events which take over a town or city centre so lots of cyclists of all ages and abilities can ride safely together on a traffic-free route. They're a great day out for families, with loads to do both on and off a bike.
www.goskyride.com/yorkskyride

Sky Ride Local - Sky Ride Local rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge. www.goskyride.com/york

Social Cycling Group Rides - Groups and rides organises by like minded cyclists in your area. www.goskyride.com/Social

Local Guided Cycle Rides – Join City of York Council volunteer ride leaders on a guided group cycle ride and explore more of York's green spaces in great company.



They include a range of themed and regular rides to suit different abilities, and many follow largely traffic free routes.

To download the full programme go to: **www.york.gov.uk/getyorkcycling**

York Festival of Cycling – There will be information on walking, bus travel, journey planning, and car sharing as well as loads of fun ideas to get you onto your bike and considering cycling as an everyday form of transport in and around York. All kinds of pedal powered cycles from the everyday two wheeler to the highly unusual and specialised three and four wheelers as well as mega bikes seating up to eight people will be available to try out. Lots of help and advice will be on hand to inform and assist you in your choice of sustainable travel mode. For more details go to: **www.yorkfestivalofcycling.org.uk** and follow us on: **www.facebook.com/YorkFestivalOfCycling**

Breeze Bike Rides - Bike rides for women. Breeze is the biggest programme ever to get more women into riding bikes for fun. Our aim is to help thousands more women feel confident and comfortable about going on a ride. **www.breezebikerides.com**

The new 'York Inclusive Cycling Club' will be starting up at The University of York's cycling track in the New Year. There will be a club session and general open track sessions where participants with a disability can bring along their own bike or hire one of our adapted bikes now based at the track. For more information email: **glyn.newberry@york.gov.uk** or phone: 01904 553 385.

CycleSport / Racing

Go Ride Clubs - British Cycling's Go-Ride programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure.

Clifton Cycling Club **www.cliftoncc.org**

Local cycling clubs **www.britishcycling.org.uk/clubfinder**

Go Ride Racing events - Go-Ride Racing is British Cycling's exciting entry level competition programme which offers local competition for novice cyclists under the age of 16, helping young people make a gradual transition into competitive cycling. **www.britishcycling.org.uk/go-rideracing/article/goride-What-is-Go-Ride-Racing**

Sportives – Pock Pedal

Training

http://www.york.gov.uk/info/200226/cycle_training/308/cycle_training

Getting a bike

Social enterprise - bike recycle schemes

<http://www.bikerescueproject.org.uk/>

Adapted bike hire and purchase

www.getcyclingyork.org.uk/special-needs or telephone: 01904 636 812

If you have a disability and would like to hire some personal help and support please contact GOGET on www.goget.org.uk or 07917 355 293.

Cycle Hire

<http://www.bikerescueproject.org.uk/>

www.getcyclingyork.org.uk

<http://www.cycle-heaven.co.uk/>

<http://www.scootcyclingholidays.co.uk/submenu/day-tours-and-hire/cyclehire.html>